5<sup>th</sup> International Conference of Multidisciplinary Approaches (iCMA), 2018 Faculty of Graduate Studies, University of Sri Jayewardenepura, Sri Lanka



ISSN: 2386 – 1509 Copyright © iCMA Page - 130

## THE FACTORS AFFECTING TO BUILD TEAM WORK: EVIDENCE FROM TRAVELLING FIRM IN SRI LANKA

Samarasinghe P.H., Weeraddana R.M.\* and Saumya M.A.D.N.

Multi-Disciplinary Research Centre, Faculty of Humanities and Social Sciences, University of Sri Jayewardenepura, Sri Lanka rwnrweeraddana@gmail.com

Mydu-DikenpfinnarySRdsankahrWientneeraddanha/agginblikurannities and Social Sciences, University of Sri

## ABSTRACT

Teamwork in organizational settings is an important aspect of creating a well-functioning engine to accomplish tasks and projects. A team often has a team leader that directs all members to the company's expectations. Without having successful teams organization achievements are not a reality. Therefore the study analyses the factors affecting on the team work at "XYZ Company". The main objectives of the study are to identify the factors affecting to team work. Since there are many factors effects on team work researcher selected four factors in order to find out the relationship between these factors. Those 4 factors are such as communication, cohesiveness, supervisor relationship and stress management. The literature review has been used to identify when selecting these factors and through a preliminary investigation of the XYZ Company. The mix methodology has been used for the purpose of this study. Sample size is 50 executives which are taken from the overall population of the company as well as researcher used the simple random sampling method in order to take the sample from whole population of the organization. A semi structured questionnaire was designed and used to collect data from the employees. This study is used the correlation and coefficient analysis as well as multiple regression analysis in order to analyze the data. Based on the results recommendations were given by the researcher. Stress management is the major factor which was influenced on team work and the recommendations were given based on the findings of this research.

Keywords: Team work, communication, stress management, cohesiveness, supervisor relationship