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## SOCIAL AND MEDICAL ASPECTS OF ADOLESCENT SUICIDE ATTEMPT SURVIVOR

Ariyaratna H.T.D.W.\* and Hulathduwa S.R.

Department of Forensic Medicine, Faculty of Medical sciences, University of Sri Jayewardenepura,  
Nugegoda, Sri Lanka  
ariyaratna@sjp.ac.lk

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### ABSTRACT

The merging of medicine and sociology will bring much benefit. The authors present this case scenario as a concept paper to create a dialogue among the relevant experts in different fields. A 13 year old school girl had lost her father at the age of 2 months. The mother left the child at the age of eighteen months with the child's aunt who herself had two children. Apparently the child received care, protection and acceptance on parallel grounds with her two cousins. As the aunt had scolded her over a petty matter the victim self-suspended with her shawl from a ceiling fan in the school. The unconscious girl was detected soon and had been taken to hospital where she recovered without physical complications. Psychiatric referral revealed poor anger management. Suicidal ideation is a complex psychological process. The parentless child might have faced diverse psychological problems during her life. Personal and family counseling play a big role to fix the traumatic experience. Whose role is it to study the complex and interrelated background factors of attempted suicide in our socio-cultural settings? Could such attempts be narrowed down and over-simplified to a plain and simple terminology like 'poor anger management' or 'impulsive behaviour'? The authors after years of experience in clinical forensic medicine believe that such behaviours are more complicated and demand in-depth sociological study. Clinical sociologists, community physicians, psychiatrists and psychologists should engage in extensive multi-centered, collaborative research of both qualitative and quantitative in nature to cover most of the aspects of attempted suicide if the recurrences are to be minimized. Each attempted suicide or an accomplished suicide should be considered as a reflection of failure of health care and social welfare system of the country.

**Keywords:** clinical forensic medicine, clinical sociology, family counseling, suicide attempt survivor